

EARTH CARING

In addition to reusing, recycling and reducing consumption, we can all collaborate by adopting small changes into our daily routines:



ENERGY SAVING

- Turn off the lights you don't need.
- Use natural light.
- Close doors and windows if the air conditioning is on.
- Use it wisely.
- If possible, take the stairs instead of using the elevator.
- Drive with sustainability criteria.



WATER SAVING

- Use water wisely and reuse it when possible.
- Turn off the tap while brushing your teeth, face or hands. You can also do this while soaping the dishes.
- If you detect drips or leaks, fix them as soon as you can.
- Use aerators or flow reducers in the taps.
- Full fill the washing machine or dishwasher and use eco programs.



RECYCLING AND WASTE

- Reuse materials and packaging that can be used.
- Reduce printing: use electronic media, review documents online, do not print emails, etc.
- Separate the waste and throw it in the appropriate container.
- We have recycling stations on each floor. If you don't know where to throw waste, ask to the reception desk.
- Collaborate to maintain order and cleanliness throughout the establishment.



NOISE POLLUTION

- Speak in a moderate tone of voice and avoid shouting.
- Turn the music or television to a volume that does not disturb others.
- Avoid door slams and loud noises in general.
- Avoid using the washing machine or dishwasher between 10:00 PM and 8:00 AM.

